



Recreational
Company

*Local & International
Resorts*

TheCaseSolution.Com

RECREATION is about activities, pastimes, and experiences which are freely chosen. They are usually undertaken in free time and produce feelings of well being, fulfillment, enjoyment, relaxation and satisfaction.

Tourism has recognized that many visitors are specifically attracted by recreational offerings. Here are some examples.



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Why is recreation important?



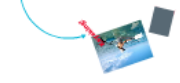
- It increases self esteem and confidence.
- Gives people the opportunity to make their own choices.
- It gives satisfaction, enjoyment and pleasure.
- It increases the opportunity to gain and form new friendships.
- Gives us to be challenged, take risks and try new things.
- It helps build a strong relationship between attending and contributing to the community.
- It allows us to contribute their skills and talents to the community.

- **It increases self esteem and confidence.**
- **Gives people the opportunity to make their own choices.**
- **It gives satisfaction, enjoyment and pleasure.**
- **It increases the opportunity to gain and develop new friendships.**
- **It allows us to be challenged, take risks and experience new things.**
- **It bridges the gap between attending and participating in the community.**
- **It allows people to contribute their skills and feel a sense of belonging and accomplishment.**

Local Recreational Activities



Marinduque



Local