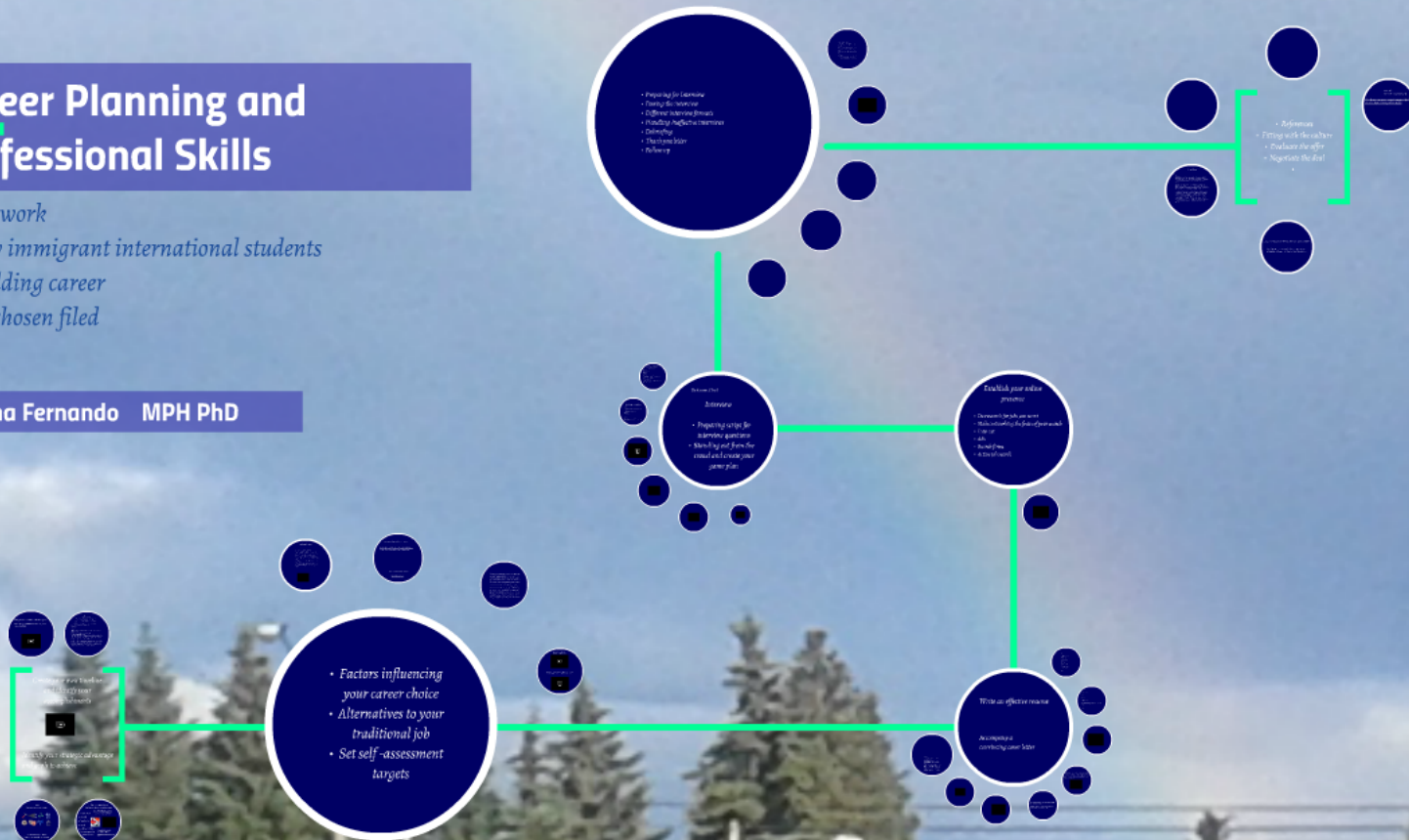


Career Planning and Professional Skills

A framework

- for new immigrant international students
- for building career
- in the chosen field

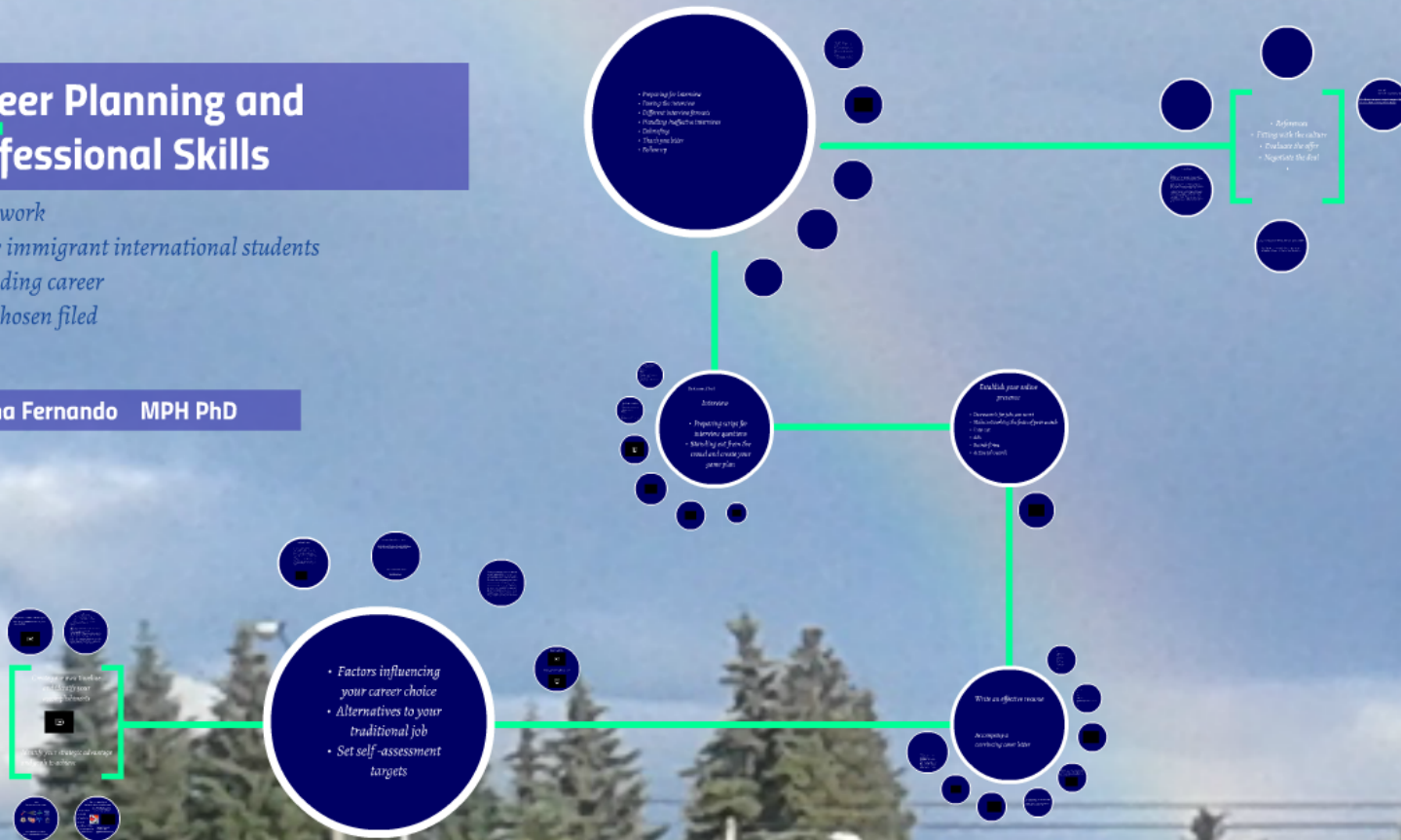
Rohitha Fernando MPH PhD



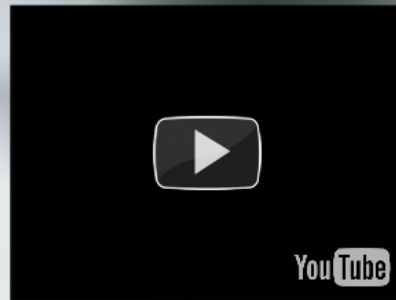
Career Planning and Professional Skills

A framework
 -for new immigrant international students
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 -in the chosen field

Rohitha Fernando MPH PhD



*Create your own timeline
and identify your
accomplishments*



*Identify your strategic advantage
and goals to achieve*

Career

<https://en.wikipedia.org/wiki/Career>



How Do You Define Career Success?

<https://www.abrivia.ie/define-career-success>

Finding Your Strategic Advantage

<http://k21.co/findingyourstrategicadvantage.cgi>

The term "strategic advantages" refers to those marketplace benefits that exert a decisive influence on an organization's likelihood of future success. These advantages frequently are sources of an organization's current and future competitive success relative to other providers of similar products.

Your personal style

Your key skills

Your knowledge base

Your interests

Your values and motivators

Career assessment testing

Get input from others



*Download A Free Excel
Timeline Template*

<https://www.smartsheet.com/blog/how-make-excel-timeline-template>

Skills inventory

A skills inventory is a compilation of the skills, education and experiences of current employees. Organizations use these inventories to assess whether current staff can meet company goals.

The first step in career self-assessment is to identify your skills (taking skills inventory)

By definition, a skill is something that you have learned through

- work experience,*
- education,*
- training*
- volunteer activities.*

When employers consider a candidate for a position, they assess whether a candidate's skills match those required for the position.

Knowing your skills is crucial in pursuing and securing the right job.

Career skills generally fall into two categories:

• hard (specific knowledge and abilities such as technical proficiencies) Hard skills are quantifiable, tangible skills that include technical skills. Hard skill abilities include: conducting research on the internet, using a specific computer application and operating a specific piece of machinery or equipment. For instance, a nurse or a doctor will have hard skills in the use of medical equipment.

• soft (emotional intelligence and behaviour such as communication and problem-solving) Soft skills are unquantifiable, intangible skills that are also known as "people skills." Some examples of soft skills include: having a positive attitude, communicating well, creative thinking, team work and solving problems.

Both are equally important to one's career development. The combination of hard skills and soft skills form an overall set of essential skills that relate to securing and maintaining employment.

Creating A Career Plan: Short-, Medium- And Long-Term

<https://talentegg.ca/incubator/2014/10/28/ready-create-career-plan-started/>



YouTube

- *Factors influencing your career choice*
- *Alternatives to your traditional job*
- *Set self-assessment targets*