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Elaine Hatfield theorized  
that love can fall  
into 2 categories:

TWO TYPES OF LOVE

PASSIONATE  
&  
COMPANIONATE

Two Factor  
Theory of Emotion

THE  
TRIANGULAR  
THEORY OF  
LOVE

INTIMACY

PASSION

COMMITMENT



Lisbeth Calderon  
&  
Joe Vejerano  
PSYCHOLOGY 123-79  
PROF. JACOBS

# PSYCHOLOGY & LOVE





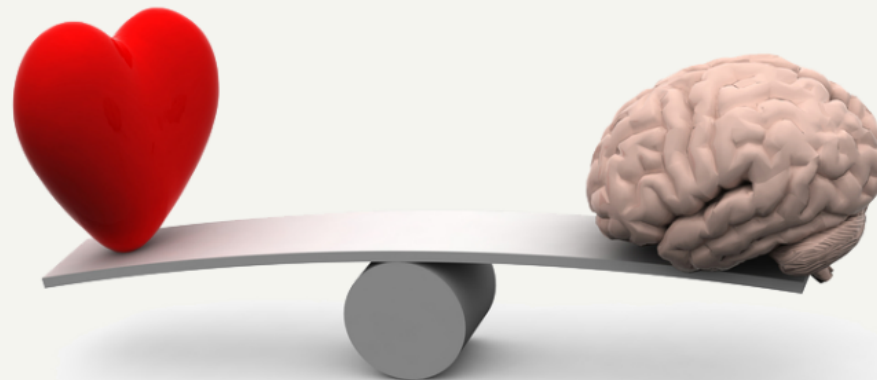
TRIANGULAR  
THEORY OF  
LOVE

TWO FACTOR  
THEORY OF EMOTION

PASSION

Still on the story about how the  
Moon found the Sun so much, he  
had every night to let her breathe  
fin

# PSYCHOLOGY & LOVE





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WHAT IS LOVE?

*"How do I love thee? Let me count the ways"*

-ELIZABETH BARRETT BROWNING

# TWO FACTOR THEORY OF EMOTION

A theory on emotion proposed by Stanley Schachter & Jerome Singer (1962), and later experimented on by Donald Dutton and Arthur Aron

WHAT IS IT?



HOW THIS AFFECTS LOVE:

THINKING AND EMOTIONS LINKED TO LOVE (LOVE), OR WHEN THE BODY EXPERIENCES ANOTHER STATE, IT IMMEDIATELY FORMS A PHYSICAL RESPONSE. THIS THING, IT'S UP TO US AND HAVE TO BECOME WHATEVER THOSE RESPONSES ARE. PHYSICALLY, OR IF THEY ARE CONNECTED TO FEELING SOMEONE. ESSENTIALLY, IT IS THE PROCESS THE BODY USES TO REPAIR OR REPAIR THE STATE OF MIND OR BODY AS A PHYSICAL, PHYSICAL, OR BEHAVIORAL REACTION.



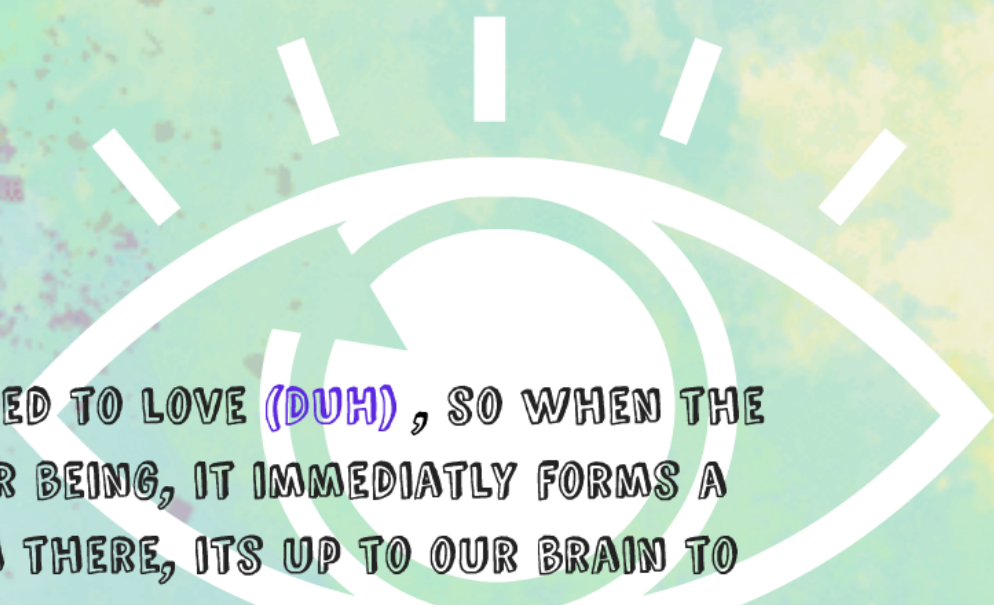
## WHAT IS IT?

Physical arousal paired  
with Cognitive thinking.

Your body produces a physical response to meeting a person. (This response doesn't have to be sexual, it could be you sweating, or your hands shaking). Your brain then takes that response and pairs it with your thought process (cognition) and what results is your understanding of what you are feeling.



## HOW THIS AFFECTS LOVE:



THERE ARE EMOTIONS LINKED TO LOVE (DUH) , SO WHEN THE BODY RECOGNIZES ANOTHER BEING, IT IMMEDIATELY FORMS A PHYSICAL RESPONSE. FROM THERE, ITS UP TO OUR BRAIN TO DECIDE WHETHER THOSE RESPONSES ARE STRICTLY PHYSICAL OR OF THEY ARE CONNECTED TO DEEPER EMOTIONS. ESSENTIALLY, IT IS THE PROCESS THE BRAIN GOES THROUGH IN DECIDING THE BASIS OF WHAT COULD BE A PHYSICAL, FRIENDLY, OR ROMANTIC RELATIONSHIP.