### **Complete Health Assessment**



Reason for seeking care - include sign and symptoms

Present health or history of present illness - location character quality quantity or severity timing sending aggravating or relieving factors associated factors patient's perception. ( PQRSTU - provocative or palliative, quality or quantity, region or radiation, severity scale, timing, understand patient's perception

Past history - childhood illnesses, accidents or injuries serious chronic illness hospitalizations, operations, immunizations, allergies, current medications

Family history – diseases or conditions at which a particular patient may be at increased

Review of systems - 1, to elevate the past and present health state of each body system to double check any significant data were omitted in the present illness section 3. evaluate health promotion practices

Functional assessment or activities of daily living (ADL) include Maslaw hierarchy, and enter personal relationships

#### Health History

Provides a complete gicture of the persons past and present health status.

Biological data- includes patients name, address, phone number ,age ,birthdate, birthplace, gender, marital status,race, ethnic origin, occupation (usual and present). Also include source of history, record who furnishes the



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# **Purpose of Health History**

To collect data.

Throughout the examination, note data on the persons general appearance. To collect data.

Measurement:
Skin, Vitals,Head and face
Eyes and Ears
Nose, Mouth, Neck and vessels
Chest and Heart, Upper and lower extremities,
Female and male breasts, Abdomen, Inguinal area,
Systems.

### **Types of Data**



Subjective and Objective

## **Subjective Data**

What the person say about themselves

#### Definition

Subjective data in nursing is part of the health assessment. includes effective listening and asking open ended questions.

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## **Objective Data**

Information collected through direct observation; measurement, inspection, palpatation, percussion and ascultation.