







#### Social and economic consequences

Stress affects all kinds of human activity, especially labour activity.

Only US companies annually spend more than 8 60 billion on measures to combat the effects of stress (sick pay, the establishment of psychological support services, personnel and so on.).

Because of stress is a decrease in productivity, product quality, increased staff turnover, increasing the number of disciplinary violations, workplace injuries, workers often suffer.

#### The Ways to overcome

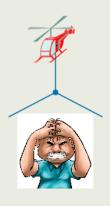


#### Conclusion

Life is full of difficulties and obstacles, from birth to death.

Only when society is United it can overcome all difficulties





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## Current situattion



## **Tashkent**

Is the capital and largest city of Uzbekistan.

Population 2.5 mln.



















