

# Cincinnati Children's Hospital Medical Center Harvard Case Solution & Analysis

Case Study: "Ka

• 16-year-old female

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## Evidence Based Practice

Parental Presence at Child's Anesthesia
Induction

**Case Study** 

Kassie

Final Project

The Way I See It}
Video Modeling for Cardiology
Patients with Autism Spectrum
Disorder

#### **BESt**

- lack of uniformity amongst pediatric hospitals
- family-centered care and best practice: maximize coping and safety

PICOT

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In a pediatric anesthesia induction, does parental presence during induction compared to not having parents present reduce anxiety at induction?



#### SYSTEMATIC REVIEW

[1a]

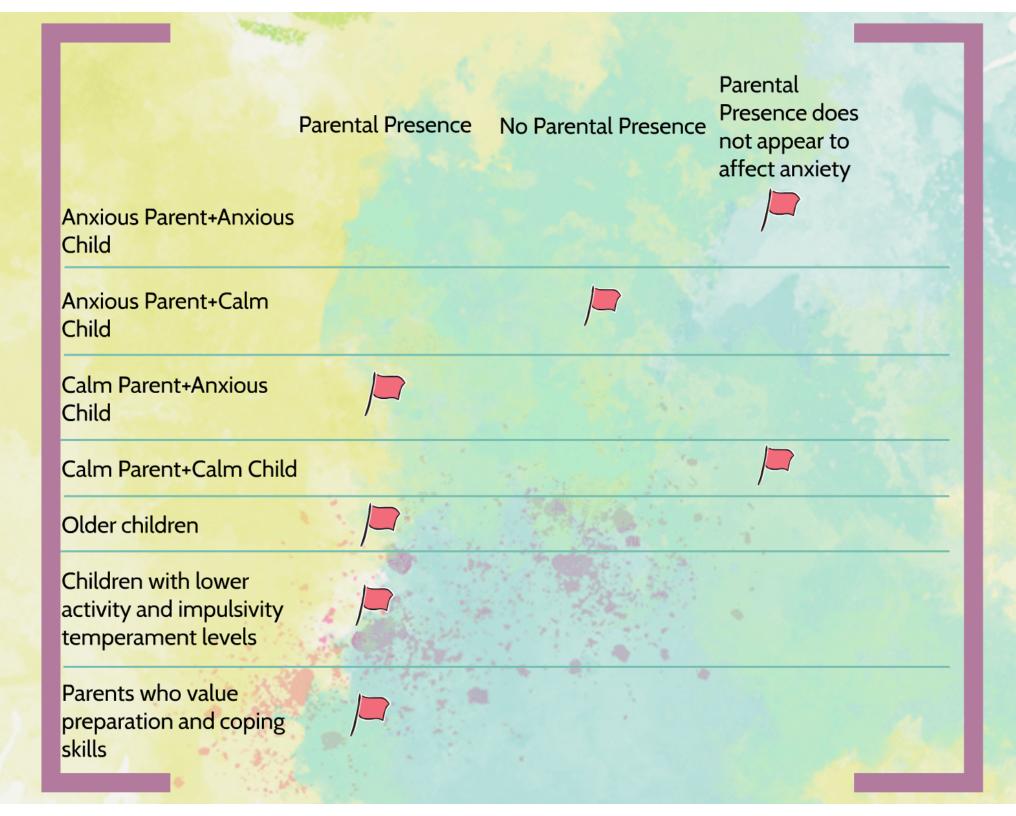
PROSPECTIVE COHORT STUDY

[3b]

RANDOMIZED CONTROLLED TRIAL

[2a]

- Broad conclusions
- Combination of parent and child characteristics
- In the RCT study, child anxiety heightened at point of separation back to OR for children with no parental presence.



### Recommendations

#### It is recommended that...

- ...an assessment of initial child and parent anxiety level is crucial to determine types of parental presence that benefit the child and reduce anxiety at anesthesia induction. (m-YPAS)
- 2 ...parents be offered an educational tool in advance in order to encourage appropriate management of personal anxiety and emphasize the importance of coping for self and child before an anesthesia induction.

#### Further research:

Distinguishing time-points of child anxiety in order to specify interventions and determine when parental presence is most beneficial.