

The Trouble with Being Average

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*Make the decision to stop
being average.*



This is one of the most important steps to success in life. You may know about setting goals (which I will cover in a minute) but many people overlook the importance of this first step. You need to make the decision, once and for all, to stop letting yourself be just another average Joe. This is the time to decide if you are really serious about being successful in anything you do.

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Realize Your Dreams.

do you
have a
dream?

If you can, close your eyes for a moment and take a deep breath and try to relax. Try to push all the thoughts out of your mind. Now I want you to ask yourself a question and try to be honest with yourself when you answer. Ask yourself, "If I could change anything in my life what would it be?" This can be anything, where you live, what you do for a living, anything.

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Set Goals.



We have all heard about the importance of setting goals. Well, it's true, but how do you go about doing this. Let's start by defining what a goal is. A goal, in this case, is a set guideline of when and how to complete a task. (It may also be the completed task itself, depending on the situation.) So if your goal is to reach your dream than you would decide what needs to happen and how quickly you can and want it to happen.

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Find Ways To Stay Motivated.



Now, the hard part. The first three steps are very easy compared to this one. Anybody can do what we've already talked about. But what sets apart the average person from the successful one is the ability of that particular person to consistently put forth the effort to accomplishing their goals. That is where motivation comes in. You need to learn the skill of keeping that fire going inside you. Without this fuel of desire and a clear resolve you'll be dead in the water in a week.

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Enjoy The Process!



Just as important as the first 4 steps, this one requires little effort but is often missed. And notice that I didn't say, enjoy yourself when you reach your dream. You don't want to feel like you are slaving away for the mirage in the distance. The process should be rewarding on it's own as you are seeking to get the most out of every day.

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