



Toby Johnson (A): Leading After School

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Background

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- Dorothy was born on August 21st, 1919.
- Her father was the superintendent of a shrimp and oyster factory and her mother loved reading.
- Dorothy was the youngest of seven children.



Dorothy Johnson - Biography and Works - Nurseslabs. (2014, September 2). Retrieved April 6, 2015, from <http://nurseslabs.com/dorothy-e-johnson/>

Education

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- Dorothy finished her Associates Degree in 1938 at Armstrong Junior College in Savannah, Georgia.
- Due to the Great Depression, she was forced to take a year off from school.
- During her time off she became a governess and this is where her love for nursing blossomed.



Dorothy Johnson - Biography and Works - Nurseslabs. (2014, September 2). Retrieved April 6, 2015, from <http://nurseslabs.com/dorothy-e-johnson/>

Life as a Nurse

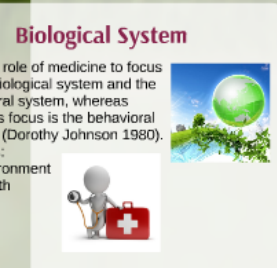
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- In 1948 she received her master's in public health from Harvard University.
- She was a staff nurse at the Chatham-Savannah health council from 1943-1944 (Gil Wayne 2010).
- In 1955 and 1956 Johnson was a pediatric nursing adviser for Christian Medial College School of Nursing
- From 1965-1967 she served as the chairperson on the committee of the California Nursing Association.

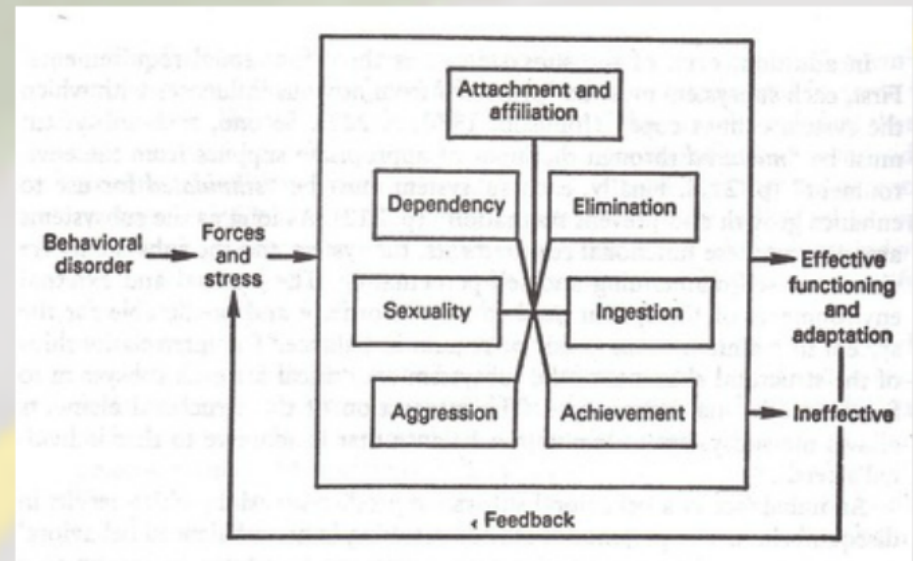
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The Theory

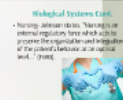
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- Behavioral System Model of Nursing
- Proposed in 1968
- "Johnson's Behavioral System Model is a model of nursing care that advocates the fostering of efficient and effective behavioral functioning in the patient to prevent illness" (G Torres 1982).
- Composed of two major systems: the **biological** system and the **behavioral** system and the eight subsystems that coincide with them.



Dorothy Johnson. (n.d.). Retrieved April 6, 2015, <http://nursingtheories.weebly.com/dorothy-johnson.html>



Behavioral Systems

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- "Man is a system that indicates the state of the system through behaviors" (Dorothy Johnson 1980).
- Includes:
 - **System**- functions as a whole by virtue of organized independent interaction of its parts
 - **Subsystem**- mini system maintained in relationship to the entire system when the environment is not disturbed.

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Nursing Research

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1. "The major changes resulting from the AIDS diagnosis and illness were measured in the Behavioral Systems Model's subsystems; achievement, affiliative, aggressiveness/protectiveness, dependence, ingestive, eliminative, restorative and sexual" (Deborah Schobel 1989).
2. "This case study was done while leading a support group for caregivers of Alzheimer's Disease patients. Apply Johnson's model in the assessment of and interventions with the group" (Sheila Freuhwirth 1989).
3. " The major focus of this article relates to how nurses at the UCLA School of Nursing, LA can apply the Johnson Behavioral System Model of Nursing and how that relates to their careers" (William Reynolds 1991).

How it Applies

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- Johnson's theory can help with the future of nursing theories, models research and education.
- It will help nurses to focus on the behavior of the patient rather than the biology of the patient. This theory gives a clear and concise example of how to separate the two.
- When comparing to the Nursing Diagnosis, Johnson's model would fall under the evaluation phase.
- I think this theory was initially difficult to understand but the more I researched it read about it the more I understood it and how it could relate to us as nurses.