

The Art and Science of Target Setting



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Goal Setting

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Goal setting is a powerful process for thinking about your ideal future and for motivating yourself to turn your vision into reality. Part of the English Language Arts curriculum includes goal setting.

Outcome: Set Goals (1.1.5)
Use appropriate terminology to discuss
developing abilities in personal language and use.



Why Set Goals?

Instead of a final exam you are creating a **LITERACY PORTFOLIO!**

A portfolio is a place to showcase your best work and to display the range of your achievements in listening, speaking, reading, writing, viewing, and representing.

It will contain samples demonstrating both your accomplishments and your growth as a student. It is also a tool for self-assessment and reflection.

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Reflection Thecasesolutions.com

Reflect and answer on your provided sticky note.

- 1. What do you think you are doing the best in ELA? (strengths)
- 2. What do you think you have trouble with in ELA? (challenges)



Setting Goals

You will be setting goals in three different areas:

- Reading
- Writing
- Student Choice (viewing, representing, listening and speaking)

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SMART Goals SPECIFIC - what do you want to achieve?

MEASURABLE - How will you know when you have achieved your goal?

ATTAINABLE - What will you do to make your goal happen?

RELEVANT - Why is this goal important?

TIMELY - When will you measure to see if you're making progress?

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For each goal you must consider the following areas:

1. Strengths

-what are my strengths (positives) in this area of focus?

2. Challenges

-what are my challenges (weaknesses) in this area of focus?

3. My Goal

-what is my goal in this area of focus?

4. Achieving my Goal

-What three steps will I take to achieve my goal?

Target Date: June 2018

What Next?

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Take the information from the graphic organizer and develop two paragraphs for each area of focus:

3 Areas of Focus x 2 Paragraph Each = 6 Paragraphs!

Paragraph 1 - State the goal & provide the goal background.

Paragraph 2 - Explain the steps you will take to reach your goal.