

Classification

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Tabacco is classified as a stimulant. This means that the drug can temporarily elevate alertness, mood, and awareness.

Chewing Tobacco:

The variety of tobacco products are processed and packaged in various ways. Chewing tobacco is a type of tobacco product that is used for oral consumption. It is made from tobacco leaves that have been cut into small pieces and are often flavored with various tastes. Chewing tobacco is a type of tobacco product that is used for oral consumption. It is made from tobacco leaves that have been cut into small pieces and are often flavored with various tastes.



Street names

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- Gaff
 - Ngale
 - algae
 - feji
 - cancer sticks
 - mold
 - zale
 - cigs
 - butts
 - fags
 - kafera
 - smokes
 - sigara
- Common name: Tabaccoo
Scientific name: Nicotiana tabacum

Cigars

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Cigars are tightly rolled bundles of dried and small cut tobacco, which is typically smoked. Cigars are very similar to cigarettes, but the difference is that cigars contain more tobacco and are long lasting and are often for social while on the other hand cigarettes burn quickly.



Short term effects:

- Bad breath.
- Bad taste in mouth.
- Excess saliva production – drooling.
- Stained teeth.
- Stains on clothes.
- Addiction to nicotine.
- Receding gums (gums pull away from teeth.)
- Permanent gum loss.
- Sensitive teeth.
- Increased risk of tooth decay.
- Sores, white and red patches, and lumps in mouth.
- addiction to nicotine

Ching Policy:

Tabacco, just like any other drug, is completely illegal on Ching Campus. If found students risk suspension and can get expelled for possession of drugs on school property.



What is tabacco?

Tabacco is a green, leaf plant that is grown in warm climates. After it is picked, it is dried, ground up, and used in many different ways. It can be smoked in a cigarette, pipe, or cigar. It can even be chewed (called smokeless tobacco or chewing tobacco) or sniffed and inhaled through the nose (called snuff).

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How it is used:

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Dried tobacco leaves are mainly smoked in cigarettes, cigars, pipe tobacco and flavored shisha tobacco. They are also consumed as snuff, chewing tobacco and dipping tobacco.

Snuff:

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Snuff is a ground smokeless tobacco product, inhaled or snuffed through the nose into the nasal cavity. Snuff is made with a wide variety of flavors, including peppermint, raspberry, apricot, and lavender.



Why would somebody use it :

The main reasons why people start consuming tobacco are:

- peer pressure
- family / friends use it
- stress
- want to act cool, sexy, etc
- influence to try it by edds

Many people get hooked by the advertising for cigarettes. Movies and ads make smoking look really cool but the truth is that smoking isn't cool... It's stupid! 8 out of 10 youth and young adults are tobacco free, so it's not the popular thing to do.



How is the drug addictive?

Nicotine, the main and most addictive chemical in tobacco, causes a rush of adrenaline when it enters the bloodstream. Nicotine also gives a significant increase in dopamine which is the brain's "happy" chemical. This stimulates the area of the brain connected with pleasure and reward. Therefore the brain triggers thoughts to use nicotine again and again to keep rewarded and happy. After several times, the body gets addicted and keeps wanting more and more nicotine. Like any other drug, use of tobacco over time can cause a physical and mental addiction.

Cigarettes:

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Cigarettes are a product consumed through inhalation of smoke and consists of finely cut and dried tobacco leaves and often combined with other additives, then rolled into a paper cylinder. Tobacco in the form of cigarettes is most consumed drug in the world.



Long term effects:

- Chronic Smoking related cancers are: lung, mouth, throat, stomach, bladder, ovary and womb
- Lung disease
- Heart disease
- Emphysema or chronic
- Mouth cancer
- Disability problems
- Others
- Premature aging
- Damage to the face
- Coughing, hair, gum disease and respiratory
- Decreased lung function
- Behaviors
- Chronic obstructive pulmonary disease



Most individual effects may differ depending upon the following factors:
• How long the person has been smoking
• The quantity of cigarette smoking daily
• The age of smoker
• Smoker's system of a smoker

Snus: No Smoke Without Fire

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The variety of chewing tobaccos are a combination of pipe tobacco and cigars. They are not to be confused with pipe tobacco and cigars. These are made of shredded tobacco leaves and are often used in a pipe. Chewing tobacco is a variety of tobacco that is chewed and swallowed. It is often used in a pipe.



Street names

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- Galf
 - Ngale
 - elgae
 - Feji
 - cancer sticks
 - moze
 - zale
 - Cigs
 - butts
 - fags
 - kafera
 - smokes
 - sigara
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Scientific name: Nicotiana tabacum

Cigars

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Cigars are tightly rolled bundles of dried and cured leaf tobacco, which is ignited so the smoke can be drawn into the smoker's mouth. Cigars are very similar to cigarettes, the difference is that cigars contain more tobacco and are long-lasting and are often for taste while on the other hand cigarettes burn quickly.



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Snuff:

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Snuff is a ground substance tobacco product, inhaled or sniffed through the nose into the nasal cavity using snuffing machine and a Remond sprayer. Snuff is made with a wide variety of tobaccos, including aromatic, respiratory, apricot, and bawandar.



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- want to act cool, sexy, etc
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Many people get hooked by the advertising for cigarettes. Movies and ads make smoking look really cool but the truth is that smoking isn't cool. It's stupid! It's out of fashion and young adults are tobacco-free, so it's not the popular thing to do.



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Long term effects:

- Chronic (smoking related) cancers are: lung, mouth, throat, stomach, bladder, cervix and nose
- Eye diseases
- Heart disease
- Cardiovascular diseases
- Heart stroke
- Chronic bronchitis
- Ulcers
- Premature aging
- Damage to the fetus
- Causing low sperm count and impotence
- Decreased lung function
- Dementia
- Chronic add to the pulmonary disease

Note: Individual effects may differ depending upon the following factors:
• The brand of the product has been smoked
• The quantity of cigarette smoking daily
• The age of smoker
• The genetic system of a smoker

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