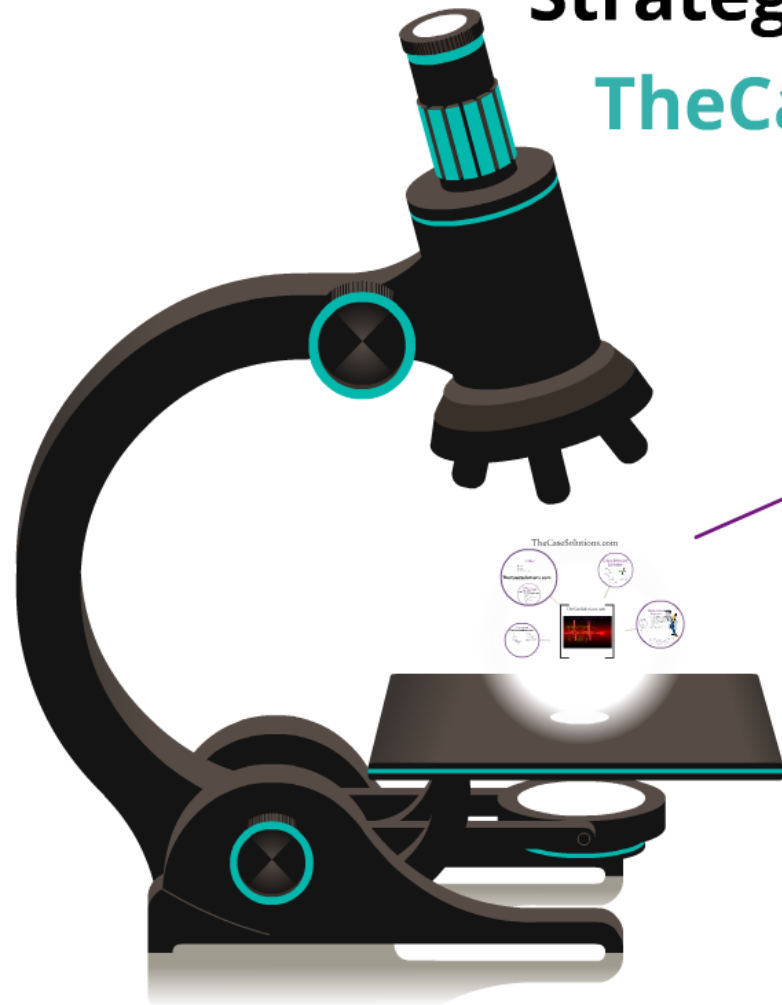


Nestle SA: Nutrition, Health and Wellness Strategy, Portuguese Version

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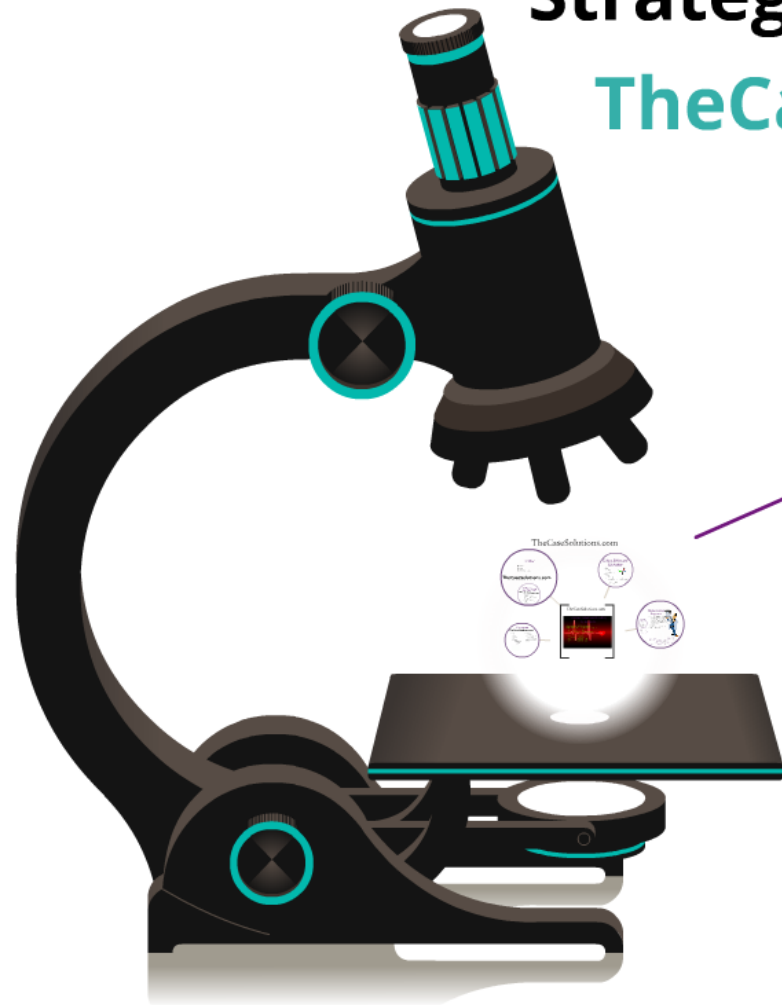
Introduction

- Gentiva
- Sun City West
- D.L.
- 53 years old
- Hispanic
- Male
- 1 week S/P open heart quintuple bypass surgery (9/19/13)
- Used right great saphenous vein
- Main diagnosis: stroke

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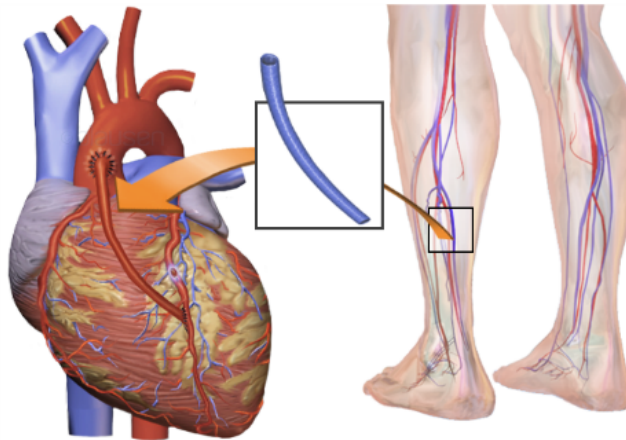
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Open Heart Quintuple Bypass Surgery

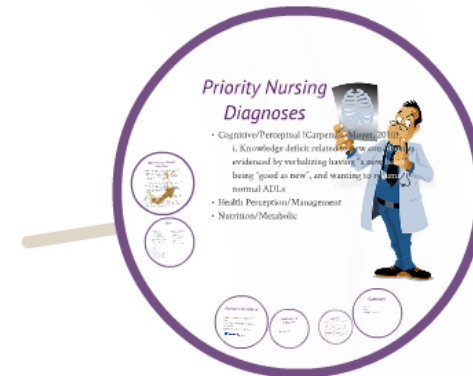


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Procedure



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Physical Assessment/Charting by Exception

- Strong heartbeat, not +4 bounding pulse
- 18 cm sternal wound, approximated, scabbing, no significant erythema/exudate
- 1-2.5 cm wounds approximated, scabbing, no significant erythema/exudate
 - Medial aspect of right leg
 - Medial aspect of right popliteal
 - Medial aspect of right inguinal



Environment

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- Family

1. Wife
2. Sister
3. No children

- Culture

1. Hispanic
2. Traditional cooking
3. "Whole" ingredients
4. Gender role: patriarchal



- Environmental factors

1. Sun City West
2. Property 2,500-3,000 sq ft +/- outside amenities
3. Average, borderline high average size (NPR, 2013)
4. No pets



Funding

- Medicare
- Railroad
- United Health Care

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Significant Functional Health Patterns (FHPs)

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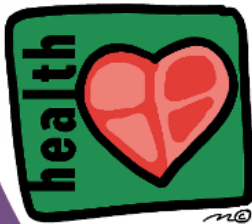


- Health Perception/Management
 - i. "New heart"
 - ii. Feels able to return to normal and more
 - iii. Does not feel tired with exertion but vitals increase significantly
- Nutrition/Metabolic
 - i. "Whole ingredients"
 - ii. Bacon
 - iii. Temporary versus permanent diet change
- Cognitive/Perceptual
 - i. Did not finish college
 - ii. New self
 - iii. Surgeon: "Good as new"



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