

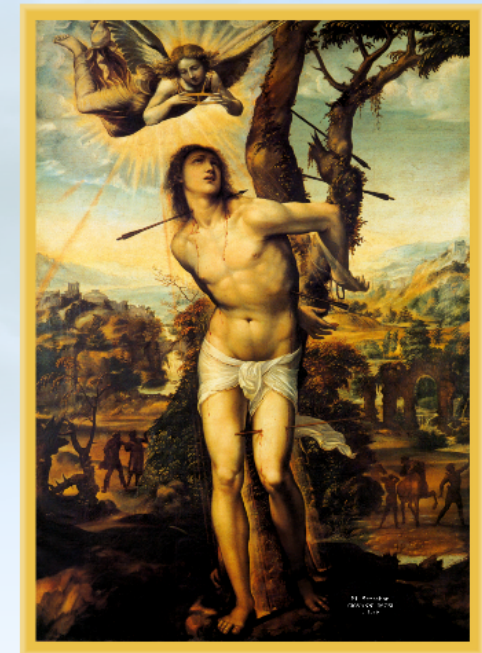
The X-Caliber Project Case (B): Giving and Receiving Feedback - Confidential Instructions for Sebastian

Thecasesolutions.com

By: Aidan L



The websites I used were:
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St. Sebastian is often painted as tied to a pillar, post or tree and shot with arrows

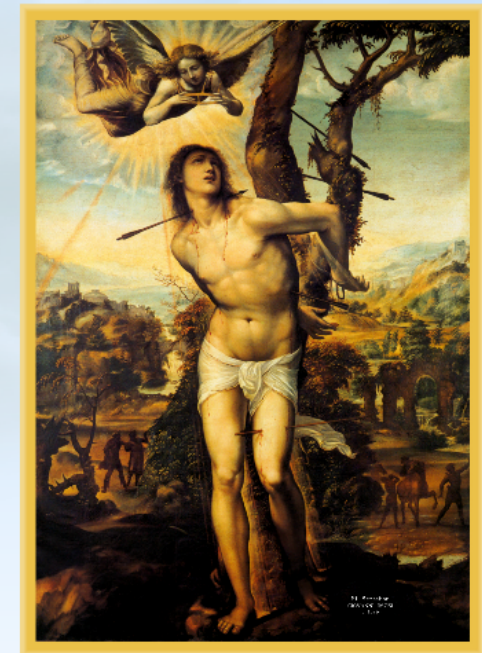
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Introduction

St. Sebastian is a very well known male saint. He is especially known by athletes. He was born on Narbonne, Gaul c. 256 AD but then unfortunately, he later passed away on 20 January, 287 AD. Like all saints have, St. Sebastian's feast day is on January 20th for Catholics and December 18th for Eastern Orthodox. If you were wondering what Sebastian means, wonder no longer. Sebastian means from Sebastia which is a Palestinian village. St. Sebastian is the patron saint of athletes. He is because his energetic way of spreading and defending the Faith and because of his physical endurance.

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*How did St. Sebastian
become a saint?*

St. Sebastian became a saint by standing up for us as Christians. He was sentenced to be tied to a post and shot to death by arrows just because he was Christian. Fortunately he was not killed and later he got freed and healed by Irene of Rome. After he got to full health, St. Sebastian later went on to criticize Diocletian (the emperor) in person. As a result, he was unfortunately clubbed to death. In conclusion, he became a saint by sacrificing himself for us as Christians.

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*How did St. Sebastian
show love for God
and others?*

St. Sebastian showed love for God by following the holy path and never giving up believing in God and the Christian faith. Even when he was going to be killed because he was Christian, he still never had a doubt in his mind about giving up believing in his faith.

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*What did he
accomplish and what
was he specially known
for?*

St. Sebastian accomplished a lot before he was clubbed to death. In 283 AD, St. Sebastian entered the Roman army. He entered it to defend the martyrs and confessors of his time but tried not to draw attention to himself. He also encouraged numerous people who were under a death sentence to stay firm in their religion.

What St. Sebastian was specially known for is his long endurance and his energetic way of spreading his faith.

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*Did St. Sebastian
have difficulties to
overcome?*

A difficulty St. Sebastian had to overcome was that it must have been difficult to stay firm in his faith even when he received a death sentence. Another huge difficulty was that he got tied to a post or tree and got shot by arrows. Luckily he didn't die. That would have been a big difficulty because he got shot by arrows and it really weakened him. It would have been difficult to take that much pain.

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Personal Reflection

I think the most special quality in St. Sebastian is that he fought for what he believes in. That is a great quality because it shows he is a strong individual and he was willing to fight for us as Christians. He was very loyal to us and put our needs before his own. I can imitate St. Sebastian in my daily life by sticking up for what I believe in and stay loyal to everyone I meet. It is important to stay like him because he is a good role model. I chose St. Sebastian because he is the patron saint of athletes and I really love sports. Also I feel that I have the same character qualities as him because I stand up to what I believe in and I think I am very loyal.

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Fun Facts

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FUN FACT #1

Well... this one is more of a super short story but here I go... Once upon a time there were some Christians who had heard about and believed about St. Sebastian. So then they brought this women to him named Zoe. She had unfortunately lost the ability to speak. St. Sebastian then said a prayer with her and very shortly after she was able to speak again. After they heard that story, many of her friends became Christians.



FUN FACT #2

Did you know that St. Sebastian is also the patron saint of archers, soldiers and many believe he is the patron saint of plague-stricken.



FUN FACT #3

All the details about St. Sebastian were first spoken by the 4th century bishop St. Ambrose.



FUN FACT #4

Do you remember Zoe? How could you not. Anyways, later on, the authorities found she and her friends were Catholic. The authorities then arrested them and then they received a death sentence. St. Sebastian couldn't handle this and went on to tell the emperor that he was catholic too. That is why he got shot with arrows.

