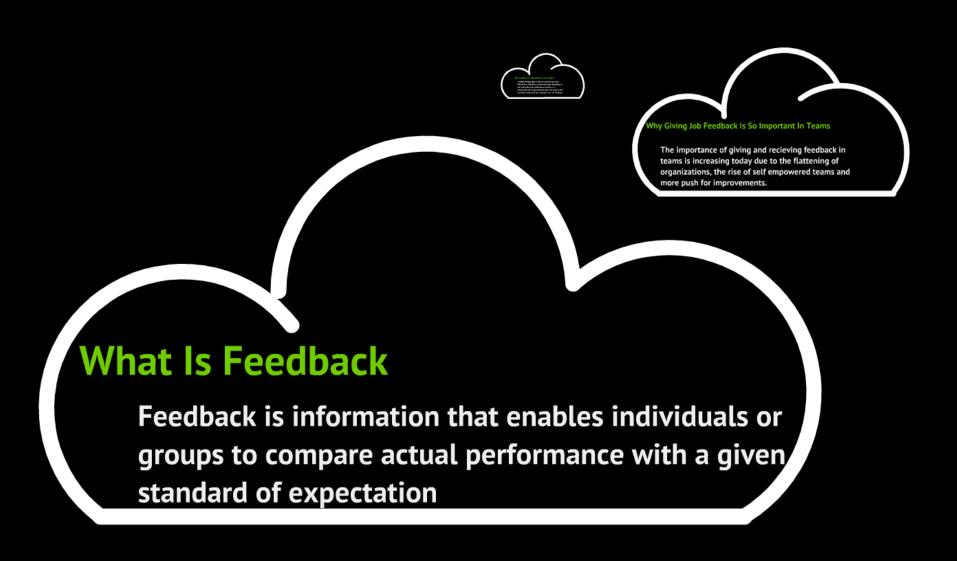
Thank you for your attention!





The X-Caliber Project Case (A): Giving and Receiving Feedback - Confidential Instructions for Diane



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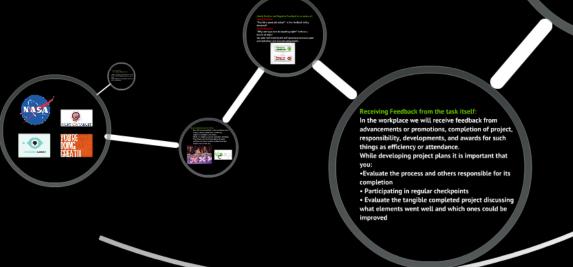
Giving yourself Feedback

"We are our own biggest critics."

Throughout the workplace you may receive feedback from yourself through thoughts and perception, reflection and feelings, and an overall comparison to other employees and their achievements.

To receive effective feedback from the self that is objective:

- Honestly evaluate yourself
- Make plans and set goals



Specific

- Comments: "You did a good job" or " That is all wrong" are NOT helpful.
- Focus on specific activity and behaviour
 - So ohers know exactly how to improve on their designated area

"That was a tough decision. I'm impressed with how you handled the situation".

"I'd Like to talk to with you about your proofing of these reports."

Nonpersonal

Avoid blaming and referring to personality traits

"You're the reason we have mistakes around here"

- Direct your attention and feedback at what's happening.
- Dont Target the employee

Work Related

 Refer to behaviours that are directly related to the job

" We need to talk about your absences."

Documentable

- Focus on fact rather than gossip
- "Betty tells me you're on the phone alot."
- "Our records shows you've been using the "company phones for making personal calls."
- Keep written record of conversation when giving feedback to help employees unacceptable behaviours.
 - Imporant for future references

Descriptive

 Focus your feedback on a specific behaviour that the recipent can change or control, describe behaviour rather than evaluating it

"I've noticed the filling system is getting a bit disorganized."