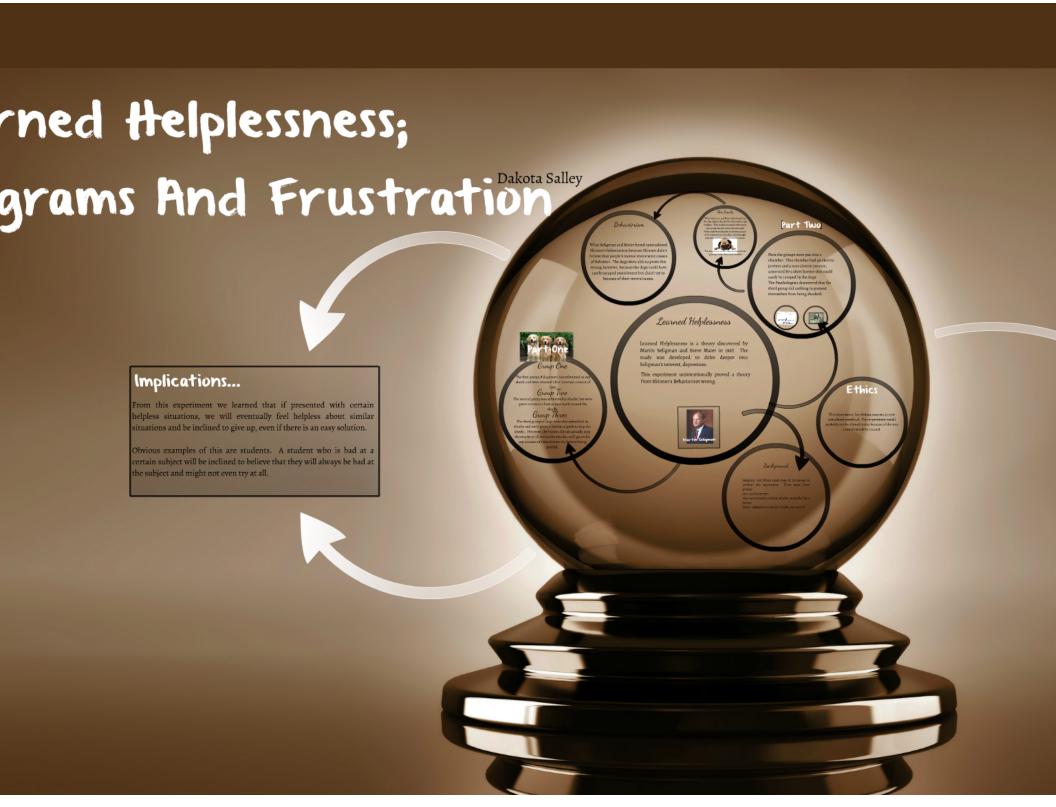


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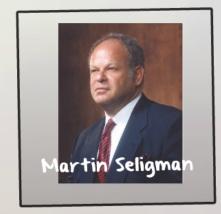


Learned Helplessness

Chutté Box Lued in
Learned hepiesuress Experiments

Learned Helplessness is a theory discovered by Martin Seligman and Steve Maier in 1967. The study was developed to delve deeper into Seligman's interest, depression.

This experiment unintentionally proved a theory from Skinner's Behaviorism wrong.



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