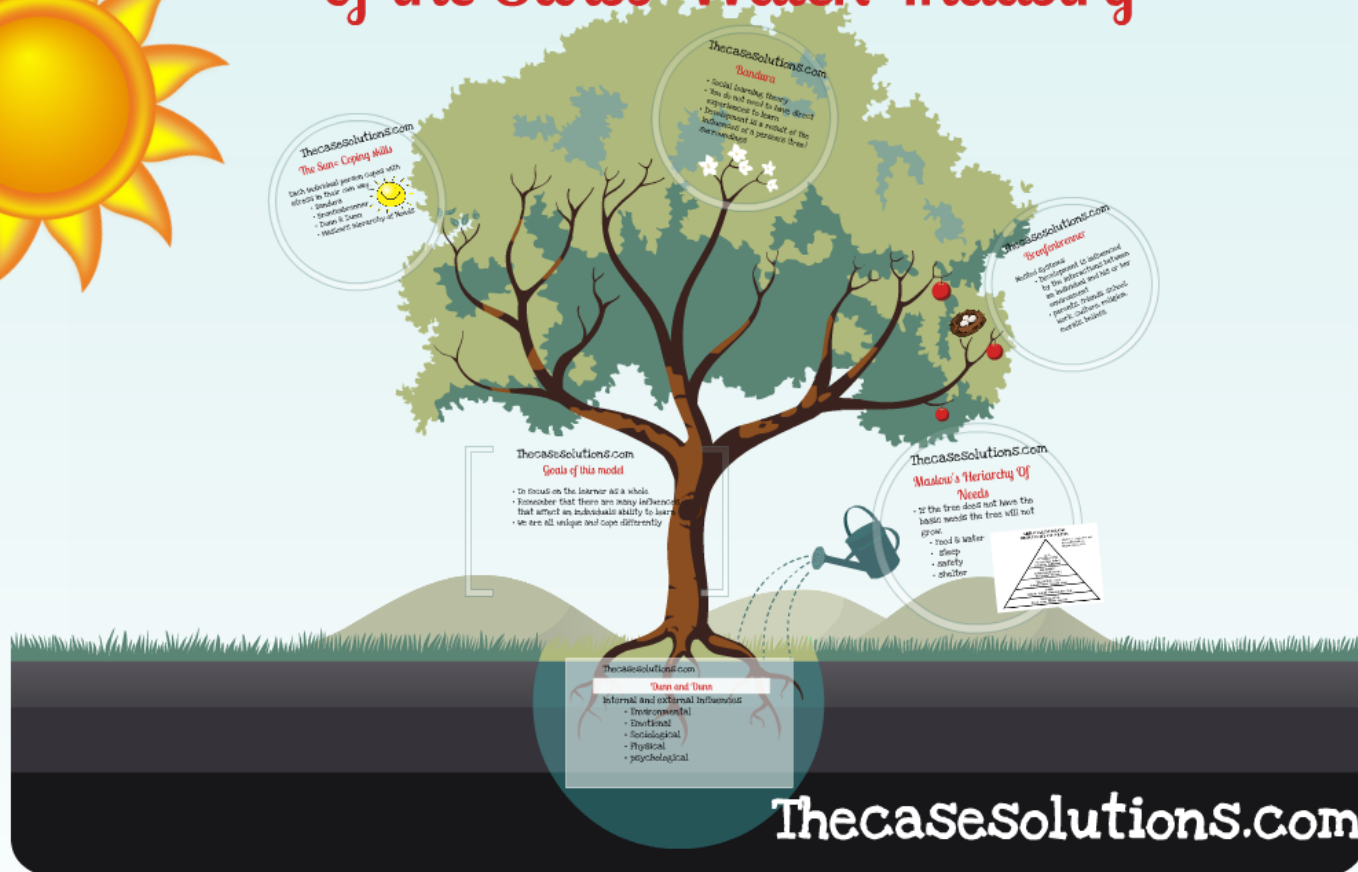
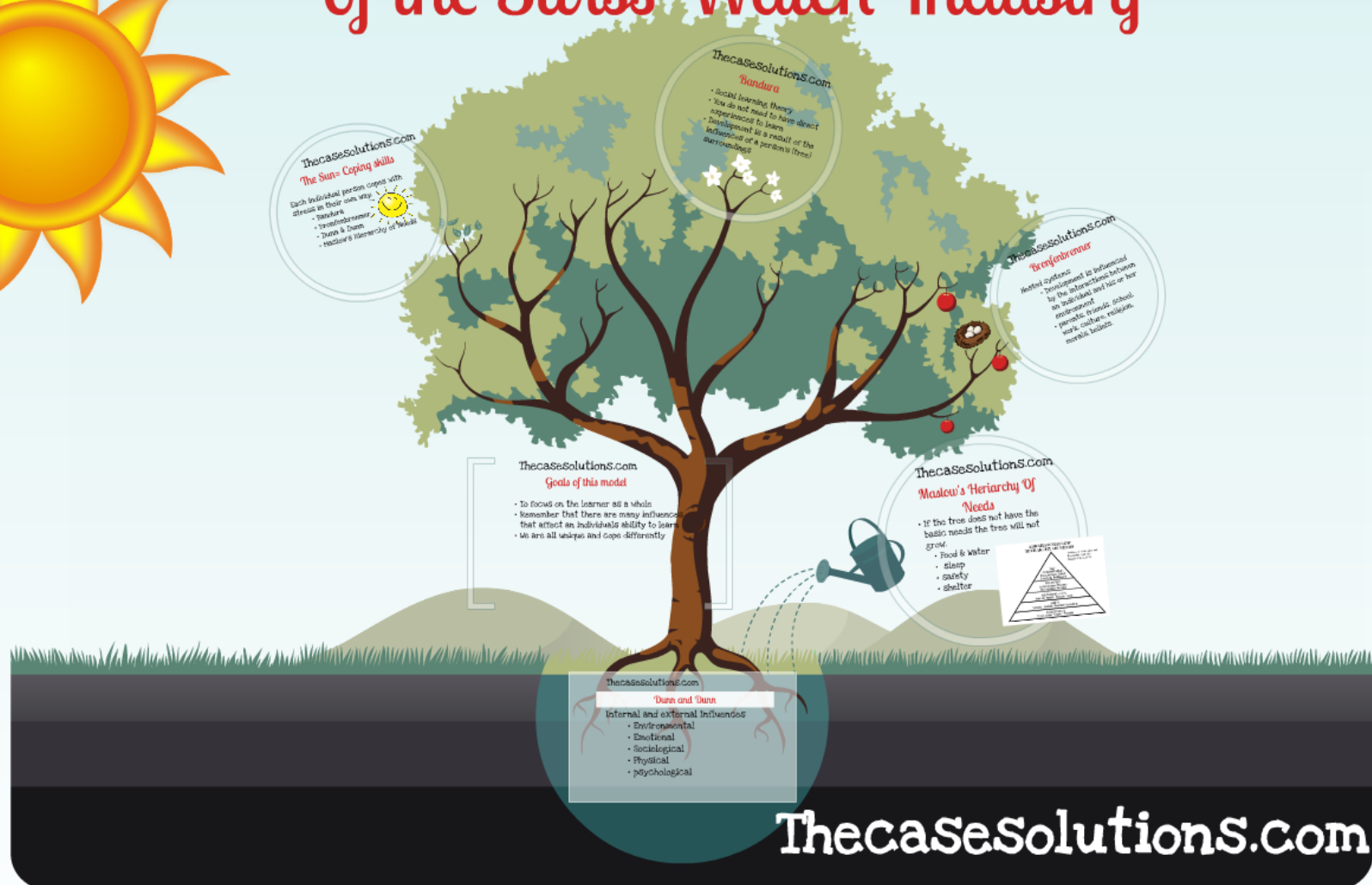


# Jean-Claude Biver (A): The Re-Emergence of the Swiss Watch Industry



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## The Sun= Coping skills

Each individual person copes with stress in their own way.

- Bandura
- Bronfenbrenner
- Dunn & Dunn
- Maslow's Hierarchy of Needs



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## Bandura

- Social learning theory
- You do not need to have direct experiences to learn
- Development is a result of the influences of a person's (tree) surroundings





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## Bronfenbrenner

### Nested systems

- Development is influenced by the interactions between an individual and his or her environment
- parents, friends, school, work, culture, religion, morals, beliefs.



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## Dunn and Dunn

Internal and external Influences

- Environmental
- Emotional
- Sociological
- Physical
- pSychological

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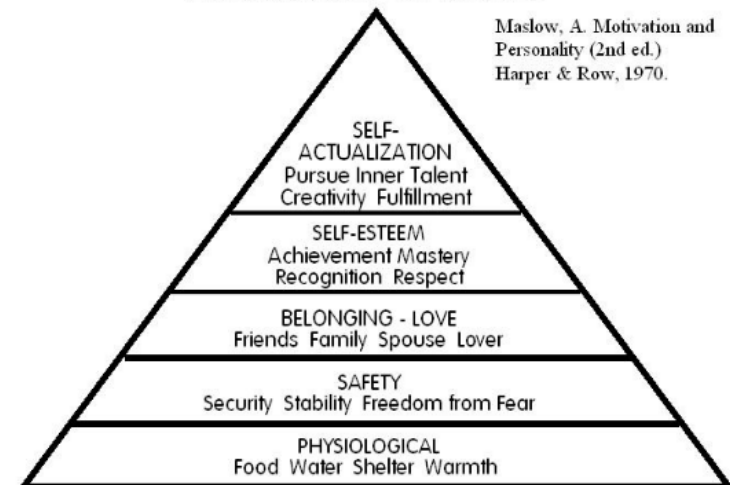
## Maslow's Hierarchy Of Needs

- If the tree does not have the basic needs the tree will not grow.

- Food & water
- sleep
- safety
- shelter

### ABRAHAM MASLOW HIERARCHY OF NEEDS

Maslow, A. *Motivation and Personality* (2nd ed.)  
Harper & Row, 1970.





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## Goals of this model

- To focus on the learner as a whole
- Remember that there are many influences that affect an individual's ability to learn
- We are all unique and cope differently



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