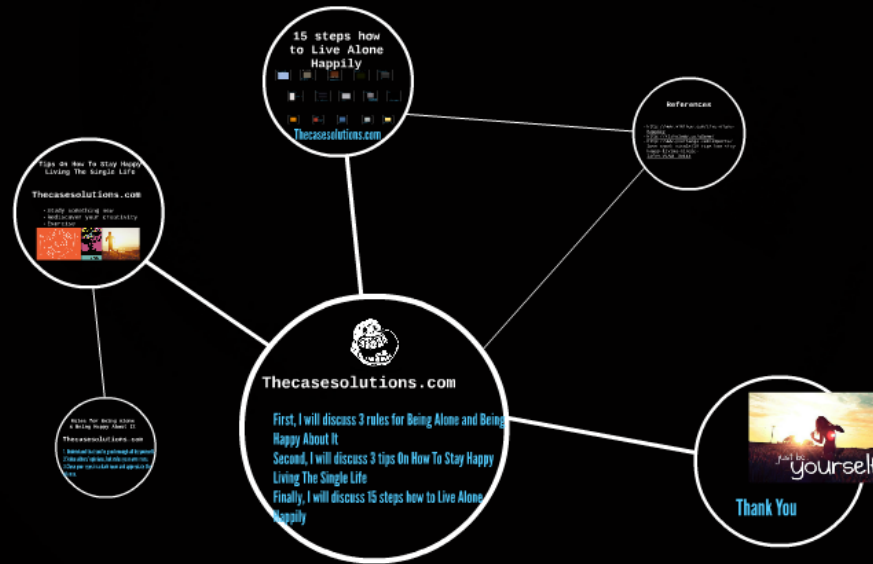


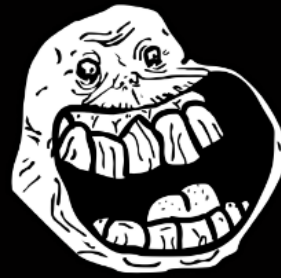
Staying in the Know

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First, I will discuss 3 rules for Being Alone and Being Happy About It

Second, I will discuss 3 tips On How To Stay Happy Living The Single Life

Finally, I will discuss 15 steps how to Live Alone Happily

Rules for Being Alone & Being Happy About It

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- 1. Understand that you're good enough all by yourself.**
- 2. Value others' opinions, but value your own more.**
- 3. Close your eyes in a dark room and appreciate the silence.**

Tips On How To Stay Happy Living The Single Life

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- Study something new
- Rediscover your creativity
- Exercise



15 steps how to Live Alone Happily



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Step 1 Find your place where you can live by yourself

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Step 2 Set a schedule to do housework.

It's easier to get it done in a small space like an apartment. Do not think that your status will decrease by doing those works.

Step 3 Learn to shop for one.



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You're making meals for one person. And you only need kitchen service for a minimal number.